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Ehara taku toa i te toa takitahi, engari he toa takitini

my success is not mine alone; it is the success of the collective.

MIHIMIHI

Introduction

This acknowledgement extends to our hapori, dedicated kaimahi, and valued stakeholders. Together, we are united in our commitment to the mission of becoming the go-to hub for practical knowledge about whānau well-being.

Our journey, guided by Māori principles, reflects our dedication to our mission. Remarkable accomplishments include securing contracts for Māori and community health, utilising accessible resources and resilience of our relationships and introducing of informative resources for well-informed well-being decisions.

Our commitment to cultural learning has strengthened cultural ties, and embracing technology has allowed us to improve care delivery, ensuring responsiveness and flexibility.

Our strategic framework guides us, aligning our vision, purpose, role, priorities, and focus areas to the best position He Waka Tapu. It reflects our values, showing how we collaborate within our hapori and with whānau.

CHAIR BOARD REPORT

Kia ora whānau,

Reflecting on the journey of He Waka Tapu throughout 2022/23, I'm honoured to share our collective story of achievement. Guided by Kaupapa Māori and a commitment to holistic well-being, our transformative efforts have impacted the lives we've touched.

Regarding Whānau Outcomes, the Ministry of Health-supported Outcome Evaluation revealed that 76% to 84% of participants reported a 'Big difference' in their lives. This validation, gathered through surveys, speaks volumes about our positive influence of Whānau Outcomes.

Our commitment to Kaupapa Māori values is evident in every aspect of our organisation. Holistic well-being initiatives have shined in addressing community needs, ensuring accessibility, and supporting collaboration. This commitment echoes the essence of manaakitanga, nurturing the well-being of our communities.

Initiatives have empowered whaiora and whānau, providing the knowledge, tools, and insights needed for positive changes. Tautoko, or support, is not just a concept but a lived reality within our organisation.

The Four Day Working Week initiative has been groundbreaking, prioritising the well-being of our

kaimahi. It's a holistic approach, enhancing the dedicated team's happiness, morale, and satisfaction.

The Impact Evaluation shows our positive influence on communities, showcasing the transformative power of responsive and accessible services. The ripple effect of these changes resonates with the essence of manaakitanga, nurturing well-being beyond individual lives.

In our interactions with whaiora, we've embraced values such as tautoko, whanaungatanga, and manaakitanga. Our non-judgmental and manaenhancing approaches have encouraged relatability, creating a space where the perspectives of whaiora are valued and respected.

Within these triumphs, my journey in Rarotonga over the past year has been dedicated to championing family well-being. This commitment reflects the ethos of He Waka Tapu—a commitment to positive changes guided by Kaupapa Māori values.

As we navigate the path ahead, let's celebrate these achievements, grounded in our shared dedication to holistic well-being and the enduring values of Kaupapa Māori.



Daryl GregoryChair Board of Directors
He Waka Tapu Limited

CHIEF EXECUTIVE OFFICER REPORT

As we reflect on the accomplishments and challenges of 2023, He Waka Tapu stands proud of the milestones achieved and the resilience demonstrated by our dedicated workforce. This report outlines our significant achievements and some of the challenges we faced during the past year.

In the first quarter of 2023, He Waka Tapu actively engaged in community initiatives, achieving significant milestones. Notable accomplishments include the full ownership of the Te Aranga Community Health Clinic and the "Whai Rawatia te Oranga" initiative, which received the Te Pou Addictions Workforce Innovations Award at the Cutting-Edge conference.

Looking ahead, our managers are aligning team aspirations with organisational goals, with anticipation surrounding the new build at Shortland Street to address the housing crisis. Quarterly Whānau Fun Days, initiated with an Easter event in April, have strengthened community bonds and replaced Saturday openings, reflecting our commitment to community well-being.

Our commitment to integrated health services is evident through the full ownership of the Te Aranga Clinic, positively impacting our whaiora. Collaborating with Unstoppable, we aspire to build resilient communities, exemplified by our sponsorship of the Ngāti Koata basketball team and the successful 3x3 basketball tournament held in March.

He Waka Tapu embraced collaboration and progress throughout 2023. Key accomplishments include the merger of General Practices into one streamlined site at 161 Pages Road. The Tinana Free community gym expanded offerings, integrating Motus Health Physiotherapy, and reflecting positive feedback from the Whaiora Satisfaction Survey 2022.

The Waka Kōrero analogy continues to shape our practice, emphasising the importance of looking back to move forward. Whānau Fun Days celebrate

togetherness, and our involvement in the Unstoppable Police vs Community Basketball Event showcases our commitment to building prosperous, thriving, resilient communities.

In the face of challenges during the first quarter of 2023, resilience guided our actions at He Waka Tapu. Nurturing relationships (Whanaungatanga) and providing information resources for informed decisions about well-being were central to our response. Our commitment to building a learning and development service has strengthened staff and community futures. Many have completed their Health and Wellbeing Level 4 Qualification with Career Force.

While navigating challenges and learning, it is with regret that we announce the closure of the helpline, 0800 HEYBRO. This decision poses a challenge for our organisation, prompting reflection on the evolving community services landscape. The cessation of funding for 0800 HEYBRO elicits mixed emotions and necessitates adapting to changing circumstances.

In recognising this challenge, we thank Damien Petersen, the founder of 0800 HEYBRO. Damien's vision and commitment over six years have impacted many whānau, contributing to positive change. The closure of 0800 HEYBRO serves as a learning opportunity, emphasising the importance of adaptability and continuous exploration of sustainable funding models. As we navigate this challenge, we appreciate all kaimahi who devoted their time, energy, and care to this initiative. Your contributions have provided deescalation, mental health crisis support, and safety to those who reached out.



Jackie Burrows
Chief Executive Officer
He Waka Tapu Limited



WHANONGA PONO

Organisational values

At the very core of our organisation, our values navigate the course ahead for our hapori, kaimahi, and stakeholders. These values are the beating heart of our mission, steering our waka through the currents of community care and well-being.

In our pursuit of delivering social and health services, our values serve as foundational pillars, ensuring we are committed to manaakitanga, whanaungatanga, rangatiratanga and whakaakoako.

These values are not just words but the driving force that shapes our approach, ensuring that every action resonates with our fundamental beliefs. As we weave these values into the fabric of our work, we strengthen the foundation upon which our commitment to community well-being rests.



Manaakitanga

We are respectful, show generosity and care for others to ensuring everyone's mana is upheld.



Whanaungatanga

We build relationships through shared experiences and working together.



Rangatiratanga

We lead by inspiring others to see what is possible.



Whakakoako

We all learn.

Ā MĀTOU MAHI

Our work

Our organisation's heart lies in a commitment to holistic well-being and community support. Our journey is a collective effort involving our hapori, dedicated kaimahi, and valued stakeholders. Together, we are on a mission to be the go-to place for practical knowledge about whānau well-being.

8000

140+

WHAIORA & WHĀNAU

KAIMAHI

54+

32

FUNDERS & SPONSORS

PROGRAMS & SERVICES









HAPORI INVOLVEMENT

Our commitment to community wellbeing is evident in initiatives like the Unstoppable Police vs Community Basketball Event and a mixed indoor netball team sponsorship.

At He Waka Tapu, effective communication is paramount." The Engagement in conferences like Te Aorerekura Hui and the National Suicide Prevention and Postvention conference expresses our dedication to supporting whānau.

Successes include supporting whānau goals and hosting impactful events. This edition highlights Kaimahi well-being, recognising its impact on individuals and organisations.

As we bid farewell to 2023, He Waka Tapu reflects on a year of growth and community support. The Affordable Housing project, Ahikā, marks a significant shift, driving us to adapt innovatively to meet evolving community needs.

The progress in the Ahikā housing project is a testament to our community's strength and support. We appreciate your ongoing journey with us and look forward to the positive impact we'll create together in the coming year.

WHĀNAU FUN DAYS





Easter Whānau Day

Hundreds of whānau attended our Easter Whānau Fun Day, held on Saturday, the 1st of April 2023. Despite the rain, whānau still participated in the many activities organised by our events coordinator, Dyandria Hazel. The event started at 9 am and ran through to 2 pm. Although the rain came down, this didn't hinder the excitement of our tamariki and whānau as they made their way into, He Waka Tapu to enjoy a sausage sizzle, colouring in stations, harakeke, table tennis, a bouncy castle, face painting and a challenge stall for the community to win either a shirt, book or an easter egg.

Last but not least, we also had a mobile animal farm supported by the Christchurch City Council. We thrive on bringing whānau together. The strengths of our culture shine within these opportunities, as they help to remove the stigma and build trust and confidence for our whānau to access social services. We want to strengthen our relationships within the community we serve.

Matariki Whānau Day

The Matariki Whānau Fun Day, hosted by He Waka
Tapu in partnership with Ōtautahi Sports Association,
was an outstanding success. Held as part of the
regular whānau day series, the event aimed to build
strong community relationships and provide enjoyable

experiences centred around Matariki, the Māori new year. On the 8th of July, our hapori gathered to reflect, express gratitude, share kai (food), and celebrate all things Te Ao Māori (the Māori world). The event received overwhelmingly positive feedback from participants, who rated their experience as "very satisfied" or "extremely satisfied."

Connecting with the community and participating in Matariki-themed activities was highly appreciated. Our whānau praised the quality and service of the kai provided, with the boil-up being a particular highlight. The event promoted a sense of whānau (family) bonding and community engagement, creating a warm and inclusive atmosphere. Activities catered to a diverse range of age groups, and our hapori expressed a desire for even more variety to engage attendees of all ages and interests. Through engaging Purākau (stories) and captivating Kapahaka performances by Te Pā o Rākaihaitū, the event effectively celebrated and promoted Te Ao Māori, providing educational and cultural experiences that were deeply valued.

By considering participant feedback and strengthening community engagement, the Matariki Whānau Fun Day will continue to be a cherished occasion, celebrating Te Ao Māori and encouraging a sense of whānau and belonging.

Pae Ora Whānau Fun Run

As we look back at Pae Ora 2023, held on October 14, the event radiated a sense of aroha (love), manaaki (support), and whanaunaatanaa (community bonds)

Despite some tricky weather conditions and serious wind warnings, our community came together with over 1,000 participants, all ranging from 6 weeks to the ages of over 60 all proudly wearing the iconic black Pae Ora t-shirts, symbolising inclusivity. The wairua of our community was evident as they placed the wellbeing of their whānau and themselves at the forefront. Contributions from individuals and businesses ensured the event remained accessible, providing a free experience from registration to refreshments.

This support goes beyond just sponsorship; it's an

investment in the well-being of our community, empowering us to drive positive change and promote healthier lives for our whānau. Looking forward to Pae Ora 2024, we are excited to explore new opportunities and create a more significant impact. We hope for better weather conditions and encourage everyone to stay updated through our social media channels for upcoming events.

Reflecting on Pae Ora 2023, we thank our sponsors, supporters, and participants for contributing to a day marked by unity, resilience, and community well-being. Lastly, a special mihi to Active QT and Rātā Foundation for continued support. Your feedback has been instrumental, reaffirming the importance of Pae Ora in our community's spirit and consciousness.



KO NGĀ AROTAKE

Evaluations



An independent evaluation, supported by the Ministry of Health, Māori Provider Development Service (MPDS), assessed HWT's impact on whaiora, whānau, and the communities they serve completed by Dr Sue Carswell and Hector Kaiwai.

He Waka Tapu (HWT) is a Kaupapa Māori health and social services organisation that has evolved significantly since its inception in 1996. In 2022, our organisation provided services accessed by 6,458 whaiora, supported by over 140 kaimahi, offering over 32 services funded by 40+ funders and sponsors.

The evaluation answered three key questions:

Outcome Evaluation: To what extent is He Waka Tapu making a difference for whaiora and whānau?

Impact Evaluation: How is He Waka Tapu making a difference for the communities they work with?

Process Evaluation: What are He Waka Tapu's strengths, and what are the opportunities for improving service delivery?

The findings indicated positive outcomes for whānau across seven domains, supported by annual Whaiora Feedback Surveys. Notably, 76% to 84% of whaiora reported that He Waka Tapu made a 'Big difference' in their lives, showcasing the organisation's effectiveness. Themes emerged, illustrating how HWT supports whaiora and whānau through knowledge, tools, insights, and positive behaviour changes.

Community Impact:

He Waka Tapu extends its positive influence on communities, creating collective outcomes, responsive services, and encouraging connections among whaiora and whānau.

The foundation of He Waka Tapu's success, as highlighted by whaiora, lies in:



76% to 84% of whaiora reported that He Waka Tapu made a 'Big difference' in their lives.

MANAAKITANGA

Uplifting through genuine care.

TAUTOKO (SUPPORT)

A pou of strength for those they serve.

NON-JUDGMENTAL APPROACHES

Embracing inclusivity.

KAUPAPA MĀORI FOCUS

Planted in cultural values.

MANA-ENHANCING PRACTICES

Nurturing empowerment.

WHANAUNGATANGA

Building meaningful connections.

Organisational Strengths:

HWT excels in responding to community needs, embracing innovation, integrating services holistically, ensuring accessibility, and collaborating with external organisations to address complex health and well-being challenges. The organisation prioritises kaimahi well-being, supporting work/life balance through initiatives like the Four Day Working Week.

Kaimahi Feedback:

Kaimahi expresses satisfaction with He Waka Tapu's engagement with whaiora, support for community well-being, and the organisation's growth. The Four Day Working Week pilot received positive feedback, showing increased kaimahi happiness, morale, and satisfaction with management guidance and support.

The best aspects of He Waka Tapu, as highlighted by whaiora, encompass tautoko (support), whanaungatanga, manaakitanga, non-judgmental and mana-enhancing approaches, relatability, and a focus on Kaupapa Māori service.

Ā MĀTOU MAHINGA

Our performance story

2020

In 2020, He Waka Tapu undertook a transformative journey, laying the foundation for our commitment to holistic well-being.

- Te Reo Māori Learning: Seventeen dedicated kaimahi completed Level 2 Te Reo courses, showcasing commitment to whakapapa, and deepening linguistic ties within our organisation.
- Community Wellness Initiatives: Proactively addressing community needs, we tackled challenges such as food support, power, heating, and internet access, demonstrating dedication to the well-being of our hapori.
- COVID-19 Pandemic Response: Swift adaptation to remote work and online Te Reo classes showcased resilience and the ability to face challenges head-on.

2021

Building on the foundation of 2020, He Waka Tapu continued to evolve and grow, emphasising the importance of Māori values.

- Embracing Māori Values: Deepening engagement with Māori values, encouraging practices like karakia and Pepeha to foster aroha (love) and whakawhanaungatanga (building relationships) within our organisation.
- Te Reo Learning: Despite pandemic challenges, our commitment to Te Reo learning remained steadfast, adapting language courses to online platforms.
- Te Waka: A successful milestone in creating a health hub, reinforcing our strategic direction.



ONGOING

Throughout the years, He Waka Tapu has remained dedicated to Kaupapa Māori values—Manaakitanga, Whanaungatanga, Rangatiratanga, and Kaitiakitanga, guiding our organisational culture and work.

2022

marked a significant milestone as He Waka Tapu continued to invest in professional development and education capabilities.

- Professional Development and Education Capability: Introduction of a cultural workshop emphasized kaitiakitanga (guardianship) and highlighted our commitment to lifelong learning, fostering a learning environment within our organisation.
- Whai Rawatia te Oranga Initiative: Launching 12 new community groups dedicated to enhancing health knowledge and fostering overall well-being, reducing barriers, and enabling whānau choice.
- Purchasing of Te Aranga General Practice:
 Further providing wrap-around services
 meeting whānau needs, contributing to
 better experiences within the health
 system.

2023

Entering 2023, He Waka Tapu strengthened its commitment to Te Reo Māori learning and community engagement.

- Strengthening Te Reo M\u00e4ori Learning: Implementation
 of Te Reo M\u00e4ori learning programs, dedicated instructors,
 and pathways to NZQA-level proficiency marked a
 significant step toward cultural proficiency within our
 organisation.
- Community Engagement: Actively engaging with the community, fostering a broader appreciation for the Māori language and culture.
- 4-Day Work Week: Successfully implementing a 4-day work week demonstrated commitment to enhancing work-life balance for our dedicated team.
 - Whakahohoro Crisis Response: Reshaping mental health support to respond to community needs at a time that matters.

PRESENT

He Waka Tapu currently celebrates its progress and achievements through an annual report, serving as a testament to our journey and the positive impact made in the lives of our whānau and hapori. As we reflect on the years gone by, we look forward to the future with anticipation and a commitment to our core values.

KO NGĀ TAUĀKĪ PŪTEA

Statement of Responsibility

Financial Statements For The Year Ending 31 March 2023

The Board of Directors has pleasure in presenting the consolidated financial report of He Waka Tapu Limited, incorporating the consolidated financial statements of the group for the year for year ended 31 March 2023.

The Board accepts responsibility for the preparation of the Group's financial statements and the judgement used in the statements.

The management accepts responsibility for establishing and maintaining a system of internal control designed to provide reasonable assurance as to the integrity and reliability of the Group's financial reporting.

In the opinion of the Board and management, the Group's financial statements for the financial year fairly reflect the financial position and operation of the Group.

The Group's year end 2023 consolidated financial statements are authorised for issue by the Board.

Director

Date: 4 March 2024

Director

1 4 March 2024

Statement of Service Performance

For the year ending 31 March 2023

'What did we do?', 'When did we do it?'

He Waka Tapu (HWT) is a Kuapapa Maori Health and Social Services organisation that has evolved significantly since its inception in 1996. In 2023, our organisation provide services accessessed by 3980 Whaiora, supported by over 140 Kaimahi, offering over 32 services financed by 54+ funders and sponsors. An independent evaluation, supported by the Ministry of Health, Maori Provider Development Service (MPDS), assessed HWT's

Descriptions of Entity's Outcomes

The findings indicated positive outcomes for whanau across seven domains, supported by annual Whaiora Feedback Surveys. Notably, 76% to 84% of whaiora reported that He Waka Tapu made a 'Big difference' in their lives, showcasing the organisation's effectiveness. Themes emerged, illustrating how HWT supports whaiora and whanau through knowledge, tools, insights, and positive behaviour changes.

	2023	2022
DESCRIPTION AND QUANTIFICATION OF THE ENTITY'S OUTPUTS		
New Journeys (new referrals accepted during the period)	3,142	2,914
TOTAL ATTENDEES	5,211	4,383

^{*} Data collected from Noted client management system

Community Impact

He Waka Tapu extends its positive impact to communities through collective outcomes, responsiveness to community needs, accessible services, and facilitating connections among whaiora and whanau.

Organisational Strengths

Kaimahi express satisfaction with He Waka Tapu's engagement with whaiora, support for community well-being, and the organisation's growth. The Four Day Working Week pilot received positive feedback, showing increased kaimahi happiness, morale, and satisfaction with management guidance and support.

The best aspects of He Waka Tapu, as highlighted by whaiora, encompass tautoko (support), whanaungatanga, manaakitanga, non-judgmental and mana-enhancing approaches, relatability, and a focus on Kaupapa Maori service.

Kaimahi Feedback

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The best aspects of He Waka Tapu, as highlighted by whaiora, encompass tautoko (support), whanaungatanga, manaakitanga, non-judgmental and mana-enhancing approaches, relatability, and a focus on Kaupapa Maori service.

Te Aranga Health

At the heart of our mission is the provision of affordable primary health care to individuals, families and communities facing the greatest inequities in society.

We are proud to serve a diverse range of ethnic communities in Christchurch, working tirelessly to address health disparities and promote wellness for all.

With a dedicated team of doctors, nurses and administrative staff, we prioritise the well being of our patient population. We recognise the importance of ongoing training and ensure that all staff are adequately prepared to fulfil their roles and responsibilities. As we continue to evolve and adapt to meet the needs of our community, Te Arenga Health remains dedicated to fostering a culture of holistic wellness and accessibility in healthcare. Through innovation, collaboration and a steadfast commitment to our mission, we are poised to make a lasting impact on the health and well-being of those we serve. Furthermore, our strengthened partnership with He Waka Tapu has enabled us to provide comprehensive wrap around care to many whaiora in our community. By leveraging resources and expertise, we are better equipped to address the diverse healthcare needs of our patients.

Consolidated Statement Of Comprehensive Revenue and Expenses

	NOTES	2023	2022
REVENUE			
Revenue from Exchange Transactions	2	305,056	74,813
Revenue from Non-Exchange Transactions	2	11,425,510	11,612,348
Revenue from Share of equity accounted investees surplus for the year	2	6,977	-
Other Revenue	2	35,618	15,357
Total Revenue		11,773,162	11,702,518
TOTAL REVENUE		11,773,162	11,702,518
EXPENSES			
Accounting Fees		29,905	82,060
Audit Fees		30,608	14,734
Depreciation		123,129	157,981
Donations		500,000	750,000
Funding Expenses		2,697,507	1,741,585
GP Practice Expenses		20,606	-
Occupancy Expenses		930,832	678,329
Personnel Expenses		7,552,967	6,650,746
Vehicle Expenses		109,303	189,316
Operating Leases		205,633	51,972
Other Expenses		725,019	558,081
Total Expenses		12,925,508	10,874,804
SURPLUS/(DEFICIT) FOR THE YEAR		(1,152,346)	827,715
		(1,170,0,10)	
TOTAL COMPREHENSIVE REVENUE AND EXPENSE FOR THE YEAR	₹	(1,152,346)	827,715

^{*}Financial Statements for the Year Ending 31 March 2022 for He Waka Tapu Limited

Consolidated Statement of Changes in Equity

	2023	2022
EQUITY		
Opening Balance	4,297,550	3,469,835
Increases		
Current Year Earnings	(1,152,346)	827,715
Total Increases	(1,152,346)	827,715
TOTAL EQUITY AT THE END OF THE YEAR	3,145,204	4,297,550

*Financial Statements for the year ended 31 March 2023

Consolidated Statement of Financial Position

	NOTES	31 MAR 2023	31 MAR 2022
ASSETS			
Current Assets			
Cash and Cash Equivalents	4	1,988,128	3,269,726
Receivables	5	1,837,447	1,677,950
Other Current Assets	5	41,551	_
Total Current Assets		3,867,126	4,947,676
Total Assets		3,867,126	4,947,676
CURRENT LIABILITIES			
Payables and Accrued Expenses	6	1,215,269	1,072,848
Total Current Liabilities		1,215,269	1,072,848
NON CURRENT ASSETS			
Goodwill	8	63,160	-
Property, Plant and Equipment	7	430,187	422,722
Total Non-Current Assets		493,347	422,722
NET ASSETS		3,145,204	4,297,550
EQUITY			
Accumulated surpluses or (deficits)		3,145,204	4,297,550
TOTAL EQUITY		3,145,204	4,297,550

*As at 31 March 2023

Consolidated Statement of Cash Flows

	2023	2022
CASH FLOWS FROM OPERATING ACTIVITIES		
Receipts from Customers	11,650,017	11,553,403
Operating Expenses	(12,733,189)	(9,786,397)
Total Cash Flows from Operating Activities	(1,083,172)	1,767,006
CASH FLOWS FROM INVESTING ACTIVITIES		
Interest Received	4,355	537
Payments to Purchase Assets	(123,995)	(100,523)
Payments for purchase of investments	(63,160)	-
Concessionary Loans Provided	(15,500)	
Total Cash Flows from Investing Activities	(198,300)	(99,986)
NET INCREASE/(DECREASE) IN CASH	(1,281,472)	1,667,020
CASH AND CASH EQUIVALENTS		
Opening cash	3,269,725	1,602,705
Net change in cash for period	(1,281,472)	1,667,020
CLOSING CASH	1,988,253	3,269,725

*Financial Statements for the year ended 31 March 2023











































